

Myers' Cocktail IV Drip

Introduction

Myers' Cocktail is a well-established intravenous nutrient formulation that has been used for decades to support energy levels, immune function, and overall wellbeing. Modern lifestyles, stress, illness, and nutritional gaps can place increased demands on the body, often resulting in fatigue, reduced resilience, and general imbalance.

The Myers' Cocktail IV Drip is designed to deliver a broad spectrum of essential vitamins and minerals directly into the bloodstream, allowing for efficient absorption and rapid cellular availability.

What This Drip Is Designed For

This drip is intended for individuals seeking comprehensive nutritional support across multiple body systems. It is particularly suitable during periods of fatigue, stress, low immunity, or recovery, when the body's nutrient requirements may be increased.

By bypassing the digestive system, nutrients are delivered directly to the cells, supporting improved uptake and effectiveness.

Ingredient Breakdown & Their Role

Normal Saline (0.9%)

- Provides hydration and supports circulation.
- Acts as a carrier solution for nutrient delivery.

Glutathione (L-Reduced)

- Supports cellular protection and detoxification pathways.
- Plays a key role in liver function and antioxidant defence.

Vitamin C

- Supports immune function and antioxidant protection.

- Plays a role in tissue repair and stress response.

Vitamin B1 (Thiamine)

- Supports energy metabolism and nervous system function.
- Helps convert nutrients into usable energy.

Vitamin B2 (Riboflavin)

- Supports cellular energy production.
- Plays a role in maintaining metabolic balance.

Vitamin B3 (Niacin)

- Supports circulation and metabolic function.
- Helps maintain nervous system health.

Vitamin B5 (Pantothenic Acid)

- Supports hormone synthesis and energy production.
- Plays a role in managing physical and mental stress.

Vitamin B6 (Pyridoxine)

- Supports brain function and protein metabolism.
- Plays a role in immune and nervous system health.

Vitamin B12 (Cobalamin)

- Supports red blood cell formation and nerve function.
- Plays a key role in energy levels and mental clarity.

Magnesium Chloride Hexahydrate

- Supports muscle relaxation and nervous system balance.
- Plays an important role in energy production.

How This Drip Works Inside the Body

Once administered intravenously, nutrients enter the bloodstream directly and are rapidly distributed to tissues and organs. This avoids digestive breakdown and allows nutrients to become immediately available for cellular processes.

By supporting energy metabolism, nervous system function, and immune activity, the drip helps promote balance and overall physiological resilience.

Expected Benefits Over Time

Short-Term (Within Hours)

- Improved energy and alertness
- A feeling of balance and nourishment
- Reduced physical and mental fatigue

Mid-Term (24–72 Hours)

- Improved stamina and concentration
- Better immune resilience
- Enhanced physical and mental performance

Long-Term (With Regular Sessions)

- Improved nutritional balance
- Sustained energy levels
- Enhanced overall wellbeing and resilience

When This Drip Is Most Helpful

- During periods of fatigue or stress
- When experiencing low immunity
- During recovery from illness
- With demanding work or training schedules
- As part of a general wellness routine

Comparison With Other IV Drips

- Broader nutritional support than hydration drips
- More comprehensive than single-focus energy drips
- Less targeted than NAD+ therapy
- Complements antioxidant and recovery-focused IV therapies

Administration Process

The Myers' Cocktail IV Drip is administered by trained professionals in a controlled clinical environment using sterile techniques.

- A brief consultation is carried out prior to treatment
- Vital signs may be checked before the infusion
- An intravenous line is inserted safely and hygienically
- The infusion is delivered slowly under supervision
- Clients are monitored during and after the session

The infusion typically takes **30–45 minutes**.

Aftercare Guidance

Following your IV therapy session, it is important to allow your body time to absorb and utilise the nutrients effectively.

- Drink plenty of water for the remainder of the day
- Resume light activities as normal, avoiding strenuous exercise immediately after treatment
- Eat a balanced meal if required
- Keep the injection site clean and dry
- Follow any personalised advice provided by the practitioner

Some individuals may feel energised or relaxed after treatment. These sensations are usually temporary. Any unexpected discomfort should be reported promptly.

Precautions

Clients should inform the practitioner of any existing medical conditions, allergies, or ongoing treatments before receiving IV therapy. Individual nutrient requirements and tolerance may vary.

This service is intended to support general wellbeing and should not be used as a replacement for medical treatment or prescribed medication.

Contraindications

This drip may not be suitable for individuals with certain medical conditions, including but not limited to:

- Known allergies to any ingredients
- Severe kidney or liver conditions
- Certain metabolic or electrolyte disorders
- Active infections requiring immediate medical care

Individuals under medical supervision should seek advice from a healthcare professional prior to treatment.

Important Information

IV therapy is designed to support nutritional balance and general wellbeing. Individual responses may vary and outcomes cannot be guaranteed. Any unexpected symptoms during or after treatment should be reported immediately.

