

Immune Boost IV Drip

1. Overview

The **Immune Boost IV Drip** is designed to support your body's natural defence system, reduce oxidative stress, and promote overall resilience.

It delivers a targeted combination of essential vitamins, antioxidants, and minerals directly into the bloodstream for optimal absorption and effectiveness.

This drip is ideal for individuals who are:

- Feeling run down or fatigued
- Frequently exposed to illness or infections
- Recovering from stress, travel, or lack of sleep
- Looking to maintain strong immune function year-round
- Experiencing low energy or poor recovery
- Seeking preventative wellness support

By supporting immune pathways and reducing oxidative stress, this drip helps your body function efficiently and stay prepared against everyday challenges.

2. Typical Formulation

Component	Function
Normal Saline (0.9%)	Hydration + nutrient delivery
Vitamin C	Antioxidant + immune support
Vitamin B Complex	Energy + metabolic support
Zinc	Immune cell function + antioxidant support

3. Mechanism of Each Component

a. Vitamin C

- A powerful antioxidant that helps neutralise free radicals.
- Supports white blood cell function, which is essential for immune defence.

- Plays a key role in collagen production, helping maintain skin and barrier protection.
- Assists in reducing inflammation and supporting recovery.

b. Vitamin B Complex

- Supports energy production at the cellular level.
- Helps regulate stress response, which directly impacts immune health.
- Aids in red blood cell formation and oxygen transport.
- Supports overall metabolic processes required for immune function.

c. Zinc

- Essential for immune cell development and communication.
- Supports the body's ability to respond to infections effectively.
- Acts as an antioxidant, reducing inflammation and oxidative stress.
- Plays a role in wound healing and tissue repair.

4. Combined Mechanism of Action

Together, these components work synergistically to:

- Support immune system function
- Reduce oxidative stress
- Enhance cellular repair and recovery
- Improve energy and metabolic efficiency
- Support the body's natural defence mechanisms
- Promote overall resilience and wellbeing

Result: A stronger, more responsive immune system with improved energy and recovery.

5. Key Clinical Benefits

- Supports natural immune defence
- Helps reduce fatigue and low energy
- Aids recovery during periods of stress or illness

- Supports antioxidant protection
- Enhances overall wellbeing and resilience
- May reduce frequency of feeling run down
- Supports skin and barrier health
- Promotes faster recovery from physical or mental stress

6. Indications (When to Use)

- Low immunity or frequent illness
- Fatigue or burnout
- High stress levels
- Travel recovery or jet lag
- Seasonal changes (cold/flu periods)
- Poor sleep or lifestyle stress
- Post-illness recovery
- Preventative wellness support

7. Contraindications (When NOT to Use)

Do not use this treatment if you:

- Have known allergy to any ingredient
- Are pregnant or breastfeeding
- Have severe kidney disease
- Have G6PD deficiency (for high-dose Vitamin C)
- Have active infection requiring immediate medical treatment
- Have uncontrolled medical conditions without consultation

8. Administration Protocol

Step	Description
Route	IV infusion
Duration	30–45 minutes
Post-care	Stay hydrated; avoid alcohol for 24 hours

9. Potential Interactions & Cautions

- Vitamin C may interact with certain medications in high doses
- Zinc may cause mild nausea if infused too quickly
- B vitamins may cause a temporary flushing sensation
- Always inform your practitioner of any medications or conditions

10. Side Effects (Rare and Mild)

- Warm sensation during infusion
- Metallic taste (Vitamin C)
- Mild nausea if administered too quickly
- Light-headedness
- Rare: allergic reaction

11. Add-ons / Customisation

Add-on	Benefit
Glutathione	Enhanced antioxidant support
Vitamin D IM	Immune and bone support
L-Carnitine	Energy and recovery boost
Tri-Immune Boost	Advanced immune support blend

12. Recommended Frequency

Goal	Frequency
Immune support	Every 2–4 weeks
Seasonal protection	Weekly x 2–4 weeks
Recovery support	1–2 sessions as needed
Preventative wellness	Monthly

13. Summary

The **Immune Boost IV Drip** is a targeted therapy designed to support your body's natural defence system, enhance recovery, and maintain overall wellbeing.

By delivering essential vitamins and antioxidants directly into your bloodstream, it helps you stay energised, resilient, and prepared for everyday challenges.

14. FAQs

Q: Will this prevent me from getting sick?

A: This drip supports your immune system but does not guarantee prevention of illness. It helps your body respond more effectively by providing essential nutrients needed for optimal immune function.

Q: Can I take this drip if I feel run down?

A: Yes — this drip is commonly used when feeling fatigued, stressed, or low in energy. It supports recovery and helps restore balance in the body.

Q: How quickly will I feel the effects?

A: Many clients report feeling more energised and refreshed within a few hours to a day. Results may vary depending on your overall health and lifestyle.

Q: Can I combine this with other drips?

A: Yes — this drip can be customised or combined with additional nutrients depending on your needs. Your practitioner will guide you on the best option.

Q: Is it safe to take regularly?

A: When administered by a qualified professional, this drip is generally safe for regular use. Frequency should be based on your individual health goals and needs.