

## **Signature IV Drip**

### **1. Overview**

The **Signature IV Drip** is a comprehensive wellness and performance blend designed to support multiple systems in the body — including energy production, skin health, immune function, and cellular repair.

Formulated with a powerful combination of vitamins, antioxidants, and essential minerals, this drip helps maintain overall balance while promoting recovery, vitality, and long-term wellbeing.

It is ideal for individuals who:

- Want an all-in-one wellness and performance boost
- Experience fatigue, stress, or low energy
- Are looking to support skin, hair, and nail health
- Want to enhance recovery and metabolic function
- Seek antioxidant support and improved resilience
- Prefer a complete, premium maintenance drip

By delivering a broad spectrum of nutrients directly into the bloodstream, this drip supports your body at multiple levels — helping you feel energised, balanced, and revitalised.

### **2. Typical Formulation**

<b>Component</b>	<b>Function</b>
Normal Saline (0.9%)	Hydration + nutrient delivery
Glutathione	Antioxidant + cellular protection
Vitamin C	Antioxidant + collagen support
Alpha Lipoic Acid (ALA)	Antioxidant + metabolic support
Vitamin B Complex (B1, B2, B5, B9, B12)	Energy + metabolic function

Biotin	Hair, skin, and nail support
Vitamin D	Immune + hormonal support
Vitamin E	Skin + antioxidant protection
Magnesium	Muscle + nervous system support
Multiminerals	Electrolyte + enzymatic support

### **3. Mechanism of Each Component**

#### **a. Glutathione**

- A key antioxidant that helps protect cells from oxidative stress.
- Supports natural detoxification pathways in the body.
- Plays a role in skin health and cellular repair.

#### **b. Vitamin C**

- Helps neutralise free radicals and supports immune function.
- Promotes collagen production for skin health.
- Supports overall recovery and tissue repair.

#### **c. Alpha Lipoic Acid (ALA)**

- A versatile antioxidant active in both water and fat environments.
- Helps regenerate other antioxidants such as Vitamin C and glutathione.
- Supports metabolic function and energy production.

#### **d. Vitamin B Complex (B1, B2, B5, B9, B12)**

- Essential for energy production and metabolic processes.
- Supports nervous system function and mental clarity.
- Helps reduce fatigue and supports overall vitality.

#### **e. Biotin**

- Supports healthy hair, skin, and nails.
- Plays a role in fat and carbohydrate metabolism.

#### **f. Vitamin D**

- Supports immune system function.
- Plays a role in bone health and hormonal balance.

#### **g. Vitamin E**

- Protects cells from oxidative damage.
- Supports skin health and tissue repair.

#### **h. Magnesium**

- Supports muscle relaxation and stress reduction.
- Plays a key role in energy production and nerve function.

#### **i. Multiminerals**

- Provide essential cofactors for enzymatic reactions.
- Support hydration, metabolism, and overall cellular balance.

### **4. Combined Mechanism of Action**

Together, these components work synergistically to:

- Provide strong antioxidant protection
- Support energy production and metabolic efficiency
- Enhance skin, hair, and nail health
- Support immune system function
- Promote cellular repair and recovery
- Maintain electrolyte and mineral balance
- Reduce fatigue and support overall vitality

**Result:** A well-balanced, energised body with enhanced recovery, improved appearance, and sustained performance.

### **5. Key Clinical Benefits**

- Comprehensive full-body wellness support
- Improved energy and reduced fatigue
- Enhanced skin glow and overall appearance
- Supports hair and nail health
- Strong antioxidant protection
- Improved recovery from stress and exertion
- Supports immune system function
- Promotes metabolic balance and performance

## **6. Indications (When to Use)**

- General wellness and maintenance
- Fatigue or low energy
- High stress or busy lifestyle
- Skin, hair, or nail concerns
- Recovery from physical or mental strain
- Nutrient depletion
- Preventative health support
- Performance optimisation

## **7. Contraindications (When NOT to Use)**

Do not use this treatment if you:

- Have known allergy to any ingredient
- Are pregnant or breastfeeding
- Have severe kidney or liver disease
- Have G6PD deficiency (high-dose Vitamin C consideration)
- Have active infection requiring medical treatment
- Have uncontrolled medical conditions

## **8. Administration Protocol**

<b>Step</b>	<b>Description</b>
Route	IV infusion
Duration	45–60 minutes

Post-care	Stay hydrated; avoid alcohol for 24 hours
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## **9. Potential Interactions & Cautions**

- ALA may interact with diabetic medications
- Vitamin D should be monitored in high doses
- Magnesium may cause a warm sensation
- Glutathione may cause mild respiratory sensitivity (rare)
- Inform practitioner of any medications or conditions

## **10. Side Effects (Rare and Mild)**

- Warmth or flushing
- Metallic taste (Vitamin C)
- Mild headache
- Light-headedness
- Nausea if infused too quickly
- Rare: allergic reaction

## **11. Add-ons / Customisation**

<b>Add-on</b>	<b>Benefit</b>
L-Carnitine	Energy and fat metabolism
Glutathione Boost	Enhanced antioxidant support
Collagen Support Add-on	Skin structure and elasticity
Tri-Immune Boost	Extra immune support

## **12. Recommended Frequency**

<b>Goal</b>	<b>Frequency</b>
General wellness	Every 3–4 weeks
Energy & performance	Every 2–3 weeks



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Skin & beauty support	Weekly x 3–5 sessions
Maintenance	Monthly

### **13. Summary**

The **Signature IV Drip** is a complete, all-in-one wellness solution designed to support energy, recovery, skin health, and overall balance.

With a powerful combination of vitamins, antioxidants, and minerals, it helps you feel revitalised, perform at your best, and maintain long-term wellbeing.

### **14. FAQs**

#### **Q: What makes the Signature Drip different?**

A: This drip combines a wide range of essential nutrients to support multiple systems in the body, making it a comprehensive option for overall wellness and performance.

#### **Q: Is this suitable for regular use?**

A: Yes — this drip is designed for ongoing wellness support and can be used regularly based on your goals.

#### **Q: Will this help with skin and hair?**

A: Yes — ingredients like biotin, Vitamin C, and antioxidants support skin health, collagen production, and hair strength over time.

#### **Q: Can I take this if I feel tired?**

A: Yes — this drip supports energy production and may help reduce fatigue and improve overall vitality.



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**Q: How soon will I feel the effects?**

A: Many clients feel more energised and refreshed within hours to a day, depending on their condition and lifestyle.



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