

## **Antioxidant IV Drip**

### **Introduction**

Modern lifestyles can expose the body to ongoing oxidative stress caused by factors such as pollution, stress, poor diet, alcohol consumption, illness, and lack of sleep. Over time, this oxidative stress may contribute to cellular damage, reduced immunity, dull skin, and persistent fatigue.

The Antioxidant IV Drip is designed to support the body's natural defence and detoxification processes by delivering key antioxidants directly into the bloodstream. This allows for faster and more efficient nutrient absorption compared to oral supplements.

### **What This Drip Is Designed For**

This drip is intended for individuals seeking support for cellular protection, detoxification, and overall wellbeing. It is particularly suitable when the body's antioxidant requirements are increased due to lifestyle factors, environmental exposure, or physical stress.

By bypassing the digestive system, nutrients become readily available to the body, supporting quicker uptake and improved effectiveness.

### **Ingredient Breakdown & Their Role**

#### **Normal Saline (0.9%)**

- Provides essential hydration and acts as a carrier solution for nutrient delivery.
- Supports circulation and assists in the even distribution of antioxidants throughout the body.

#### **Vitamin C**

- A well-known antioxidant that helps neutralise free radicals.
- Supports immune function, collagen production, and tissue repair.

#### **Glutathione (L-Reduced)**

- Often referred to as the body's "master antioxidant".
- Plays an important role in liver detoxification, immune support, and cellular protection.

## **Vitamin B-Complex**

- Supports energy metabolism and nervous system function.
- Helps reduce fatigue and supports overall cellular health.

## **How This Drip Works Inside the Body**

Once administered intravenously, nutrients enter the bloodstream directly and are rapidly delivered to tissues and organs. This avoids the breakdown and nutrient loss that can occur during digestion.

The antioxidants work at a cellular level to support oxidative balance, assist detoxification pathways, and aid cellular repair. This process helps the body recover more efficiently from internal and environmental stressors.

## **Expected Benefits Over Time**

### **Short-Term (Within Hours)**

- Improved hydration and circulation
- A feeling of lightness and refreshment
- Increased mental clarity and alertness

### **Mid-Term (24–72 Hours)**

- Reduced tiredness and sluggishness
- Improved skin brightness and tone
- Better immune resilience

### **Long-Term (With Regular Sessions)**

- Improved antioxidant balance
- Ongoing support for liver detoxification
- Enhanced overall wellbeing and vitality

## **When This Drip Is Most Helpful**

- During periods of high stress or fatigue
- Following illness, travel, or environmental exposure

- When feeling run down or lacking energy
- As part of a regular wellness or anti-ageing routine
- For individuals exposed to pollution or lifestyle toxins

### **Comparison With Other IV Drips**

- Provides stronger cellular antioxidant support than basic hydration drips
- Offers more targeted protection than general multivitamin drips
- Complements skin, detox, and immunity focused IV therapies
- Suitable as a foundational drip within a wellness programme

### **Administration Process**

The Antioxidant IV Drip is administered by trained professionals in a controlled clinical environment using sterile techniques.

- A brief consultation is carried out prior to treatment
- Vital signs may be checked before the infusion
- An intravenous line is inserted safely and hygienically
- The infusion is delivered slowly under supervision
- Clients are monitored during and after the session

The infusion typically takes **30–45 minutes**.

### **Aftercare Guidance**

Following your IV therapy session, it is important to allow your body time to adjust and absorb the nutrients effectively.

- Drink plenty of water throughout the remainder of the day to support hydration
- Resume light activities as normal, but avoid strenuous exercise immediately after the session
- Eat a balanced meal if you feel hungry, particularly if you have not eaten prior to treatment

- Keep the injection site clean and dry for the rest of the day
- Follow any personalised advice provided by the practitioner during your session

Some individuals may feel relaxed, refreshed, or slightly tired after IV therapy. These sensations are usually temporary and should settle naturally. If you experience any unexpected discomfort, swelling, or persistent symptoms, you should inform the administering professional promptly.

### **Precautions**

Clients should inform the practitioner of any existing medical conditions, allergies, or ongoing treatments before receiving IV therapy. Individual tolerance and health requirements may vary.

This service is intended to support general wellbeing and should not be used as a replacement for medical treatment or prescribed medication. Clients should follow any aftercare advice provided.

### **Contraindications**

This drip may not be suitable for individuals with certain medical conditions, including but not limited to:

- Known allergies to any of the ingredients
- Severe kidney or liver conditions
- Certain metabolic or electrolyte disorders
- Active infections requiring immediate medical attention
- Pregnancy or breastfeeding, unless advised by a healthcare professional

Individuals currently under medical care or taking prescription medication should seek advice from a healthcare professional before undergoing IV therapy.

### **Important Information**

IV therapy is designed to support nutrient balance and general wellbeing. Individual responses may vary and outcomes cannot be guaranteed. Any unexpected symptoms experienced during or after treatment should be reported immediately to the administering professional.