

Detox IV Drip

Introduction

The body relies on natural detoxification systems, primarily the liver, kidneys, and lymphatic pathways, to process and eliminate waste products and toxins. Modern lifestyles, environmental exposure, stress, alcohol intake, poor diet, and illness can increase the burden on these systems, often leading to fatigue, sluggishness, brain fog, and general discomfort.

The Detox IV Drip is designed to support the body's natural detoxification processes by delivering targeted nutrients directly into the bloodstream, allowing for efficient absorption and cellular availability.

What This Drip Is Designed For

This drip is intended for individuals seeking support for liver function, metabolic balance, and overall wellbeing during periods of increased physical or lifestyle strain. It is particularly suitable when detox pathways may be under additional demand.

By bypassing the digestive system, nutrients are made immediately available to support detoxification processes more efficiently.

Ingredient Breakdown & Their Role

Normal Saline (0.9%)

- Provides hydration and supports circulation.
- Acts as a carrier solution for nutrient delivery throughout the body.

Glutathione (L-Reduced)

- Plays a central role in the body's detoxification pathways.
- Supports liver function and protects cells from oxidative stress.

Vitamin C

- Supports antioxidant defence and immune function.
- Plays a role in reducing oxidative load during detox processes.

MIC (Methionine, Inositol, Choline)

- Supports liver metabolism and fat processing.
- Plays a role in preventing fat accumulation in the liver.

Vitamin B-Complex

- Supports energy metabolism and nervous system function.
- Helps reduce fatigue often associated with toxin overload.

Alpha Lipoic Acid

- Acts as a potent antioxidant at a cellular level.
- Supports regeneration of other antioxidants and cellular repair.

How This Drip Works Inside the Body

Once administered intravenously, detox-supporting nutrients enter the bloodstream directly and are rapidly delivered to tissues and organs. This avoids digestive absorption limitations and allows nutrients to be utilised efficiently.

By supporting liver pathways, antioxidant activity, and metabolic processes, the drip assists the body in managing oxidative stress and maintaining internal balance.

Expected Benefits Over Time

Short-Term (Within Hours)

- Improved hydration and circulation
- A feeling of lightness and mental clarity
- Reduced sluggishness

Mid-Term (24–72 Hours)

- Improved energy and focus
- Reduced fatigue linked to toxin load
- Improved metabolic comfort

Long-Term (With Regular Sessions)

- Ongoing support for liver detoxification

- Improved metabolic efficiency
- Enhanced overall wellbeing and resilience

When This Drip Is Most Helpful

- During periods of high stress or lifestyle imbalance
- Following alcohol intake or poor dietary habits
- When feeling sluggish or mentally foggy
- During recovery from illness
- As part of a wellness or reset routine

Comparison With Other IV Drips

- More detox-focused than hydration drips
- Stronger liver support than multivitamin drips
- Broader antioxidant action than general wellness drips
- Complements antioxidant and energy-focused IV therapies

Administration Process

The Detox IV Drip is administered by trained professionals in a controlled clinical environment using sterile techniques.

- A brief consultation is carried out prior to treatment
- Vital signs may be checked before the infusion
- An intravenous line is inserted safely and hygienically
- The infusion is delivered slowly under supervision
- Clients are monitored during and after the session

The infusion typically takes **30–45 minutes**.

Aftercare Guidance

Following your IV therapy session, it is important to allow your body time to absorb and utilise the nutrients effectively.

- Drink plenty of water for the remainder of the day

- Resume light activities as normal, avoiding strenuous exercise immediately after treatment
- Eat a balanced meal if required
- Keep the injection site clean and dry
- Follow any personalised advice provided by the practitioner

Some individuals may feel relaxed or refreshed after treatment. These sensations are usually temporary. Any unexpected discomfort should be reported promptly.

Precautions

Clients should inform the practitioner of any existing medical conditions, allergies, or ongoing treatments before receiving IV therapy. Individual detox requirements and tolerance may vary.

This service is intended to support general wellbeing and should not be used as a replacement for medical treatment or prescribed medication.

Contraindications

This drip may not be suitable for individuals with certain medical conditions, including but not limited to:

- Known allergies to any ingredients
- Severe liver or kidney conditions
- Certain metabolic or electrolyte disorders
- Active infections requiring immediate medical care

Individuals under medical supervision should seek advice from a healthcare professional prior to treatment.

Important Information

IV therapy is designed to support the body's natural detoxification processes and general wellbeing. Individual responses may vary and outcomes cannot be guaranteed. Any unexpected symptoms during or after treatment should be reported immediately.