

Hangover IV Drip

Introduction

Alcohol consumption can lead to dehydration, electrolyte imbalance, inflammation, and nutrient depletion. These effects may contribute to common hangover symptoms such as headaches, nausea, fatigue, dizziness, sensitivity to light, and reduced mental clarity. The body's detoxification pathways may also be placed under additional strain during alcohol metabolism.

The Hangover IV Drip is designed to support hydration, nutrient replenishment, and recovery by delivering targeted fluids and nutrients directly into the bloodstream, helping the body stabilise more efficiently following alcohol-related stress.

What This Drip Is Designed For

This drip is intended for individuals experiencing hangover symptoms following alcohol intake. It is particularly suitable when dehydration, nausea, headache, or fatigue make recovery slow or uncomfortable.

By bypassing the digestive system, fluids and nutrients are made immediately available to support hydration, metabolic recovery, and overall comfort without placing further strain on the stomach.

Ingredient Breakdown & Their Role

Normal Saline (0.9%)

- Restores fluid levels lost through alcohol-induced dehydration.
- Supports circulation and overall hydration balance.

Vitamin B-Complex

- Supports energy metabolism and nervous system function.
- Helps replenish vitamins depleted during alcohol metabolism.

Vitamin B12

- Supports red blood cell formation and energy levels.

- Plays a role in reducing fatigue and mental fog.

Glutathione

- Supports liver detoxification pathways.
- Helps reduce oxidative stress caused by alcohol metabolism.

Anti-nausea Medication(Medical Assessment Needed)

- Supports relief from nausea and vomiting.
- Helps improve comfort during recovery.

Anti-inflammatory(Medical Assessment Needed)

- Supports reduction of inflammation and body aches.
- Helps relieve headache and physical discomfort.

How This Drip Works Inside the Body

Once administered intravenously, fluids and nutrients enter the bloodstream directly and are rapidly distributed throughout the body. This avoids digestive absorption delays, which are common during hangover-related nausea.

By restoring hydration, supporting liver detoxification, and reducing inflammation, the drip helps the body recover balance and alleviates common hangover symptoms more efficiently.

Expected Benefits Over Time

Short-Term (Within Hours)

- Improved hydration and comfort
- Reduced nausea and headache intensity
- A clearer, more settled feeling

Mid-Term (24–72 Hours)

- Improved energy and alertness
- Reduced body aches and fatigue
- Better physical and mental recovery

Long-Term (With Regular Sessions)

- Improved resilience to occasional excess
- Reduced impact of nutrient depletion
- Better overall recovery consistency

When This Drip Is Most Helpful

- Following alcohol consumption with significant symptoms
- When dehydration and nausea are prominent
- When headaches or body aches persist
- When rapid recovery is required
- As short-term support during post-alcohol recovery

Comparison With Other IV Drips

- More symptom-focused than hydration drips alone
- Greater liver and inflammation support than multivitamin drips
- Less preventative than antioxidant drips
- Complements detox and nausea-focused IV therapies

Administration Process

The Hangover IV Drip is administered by trained professionals in a controlled clinical environment using sterile techniques.

- A brief consultation is carried out prior to treatment
- Vital signs may be checked before the infusion
- An intravenous line is inserted safely and hygienically
- The infusion is delivered slowly under supervision
- Clients are monitored during and after the session

The infusion typically takes **30–45 minutes**.

Aftercare Guidance

Following your IV therapy session, it is important to allow your body time to recover fully.

- Drink plenty of water for the remainder of the day
- Eat light, balanced meals as tolerated
- Avoid further alcohol intake for the rest of the day
- Keep the injection site clean and dry
- Follow any personalised advice provided by the practitioner

Some individuals may feel relief or mild tiredness after treatment. These sensations are usually temporary. Any unexpected discomfort should be reported promptly.

Precautions

Clients should inform the practitioner of any existing medical conditions, allergies, or ongoing treatments before receiving IV therapy. Individual responses to alcohol recovery support may vary.

This service is intended to support general wellbeing and should not be used as a replacement for medical treatment.

Contraindications

This drip may not be suitable for individuals with certain medical conditions, including but not limited to:

- Known allergies to any ingredients or medications used
- Severe liver, kidney, or cardiovascular conditions
- Certain metabolic or electrolyte disorders
- Active infections requiring immediate medical care

Individuals under medical supervision should seek advice from a healthcare professional prior to treatment.

Important Information

IV therapy is designed to support recovery and general wellbeing following alcohol-related stress. Individual responses may vary and outcomes cannot be guaranteed. Any unexpected symptoms during or after treatment should be reported immediately.