

Healthy Gut IV Drip

Introduction

Gut health plays a central role in digestion, nutrient absorption, immune function, and overall wellbeing. Factors such as stress, illness, poor diet, antibiotics, and lifestyle imbalance can disrupt the gut environment, often leading to bloating, discomfort, fatigue, and reduced nutrient uptake.

The Healthy Gut IV Drip is designed to support digestive balance and gut integrity by delivering targeted nutrients directly into the bloodstream, allowing for efficient absorption and systemic support without placing additional strain on digestion.

What This Drip Is Designed For

This drip is intended for individuals seeking support for digestive comfort, gut lining integrity, and nutrient absorption. It is particularly suitable during periods of digestive stress, recovery from illness, or when gut function may be compromised.

By bypassing the digestive system, nutrients are made immediately available to support gut-related systems and overall physiological balance.

Ingredient Breakdown & Their Role

Normal Saline (0.9%)

- Provides hydration and supports circulation.
- Acts as a carrier solution for nutrient delivery.

Zinc Chloride

- Supports gut lining repair and immune defence.
- Plays a role in maintaining intestinal barrier function.

L-Glutamine

- Supports intestinal cell repair and gut lining integrity.
- Plays a key role in maintaining digestive barrier health.

L-Arginine

- Supports circulation and tissue repair.
- Plays a role in maintaining gut blood flow and healing.

Vitamin B-Complex

- Supports energy metabolism and nervous system function.
- Helps reduce fatigue associated with digestive imbalance.

Glutathione

- Provides antioxidant protection at a cellular level.
- Supports detoxification pathways linked to gut health.

Vitamin C

- Supports immune function and antioxidant defence.
- Plays a role in tissue repair and inflammation control.

How This Drip Works Inside the Body

Once administered intravenously, nutrients enter the bloodstream directly and are rapidly distributed to tissues and organs. This avoids digestive absorption challenges and allows nutrients to be utilised efficiently at a systemic level.

By supporting gut lining repair, immune balance, and antioxidant protection, the drip helps maintain digestive comfort and overall internal balance.

Expected Benefits Over Time

Short-Term (Within Hours)

- Improved hydration and comfort
- Reduced digestive discomfort
- A feeling of internal balance

Mid-Term (24–72 Hours)

- Improved digestive tolerance
- Reduced bloating and irritation

- Better energy levels and comfort

Long-Term (With Regular Sessions)

- Improved gut lining support
- Enhanced nutrient absorption
- Better overall digestive resilience

When This Drip Is Most Helpful

- During periods of bloating or digestive discomfort
- Following illness or antibiotic use
- When experiencing poor nutrient absorption
- During stress-related digestive imbalance
- As part of a gut-focused wellness routine

Comparison With Other IV Drips

- More gut-focused than multivitamin drips
- Less hydration-focused than hydration drips
- Broader digestive support than antioxidant drips alone
- Complements detox and immunity-focused IV therapies

Administration Process

The Healthy Gut IV Drip is administered by trained professionals in a controlled clinical environment using sterile techniques.

- A brief consultation is carried out prior to treatment
- Vital signs may be checked before the infusion
- An intravenous line is inserted safely and hygienically
- The infusion is delivered slowly under supervision
- Clients are monitored during and after the session

The infusion typically takes **30–45 minutes**.

Aftercare Guidance

Following your IV therapy session, it is important to allow your body time to absorb and utilise the nutrients effectively.

- Drink plenty of water for the remainder of the day
- Resume light activities as normal, avoiding strenuous exercise immediately after treatment
- Eat a balanced meal if required
- Keep the injection site clean and dry
- Follow any personalised advice provided by the practitioner

Some individuals may feel relaxed or settled after treatment. These sensations are usually temporary. Any unexpected discomfort should be reported promptly.

Precautions

Clients should inform the practitioner of any existing medical conditions, allergies, or ongoing treatments before receiving IV therapy. Individual digestive and nutritional requirements may vary.

This service is intended to support general wellbeing and should not be used as a replacement for medical treatment or prescribed medication.

Contraindications

This drip may not be suitable for individuals with certain medical conditions, including but not limited to:

- Known allergies to any ingredients
- Severe gastrointestinal, kidney, or liver conditions
- Certain metabolic or electrolyte disorders
- Active infections requiring immediate medical care

Individuals under medical supervision should seek advice from a healthcare professional prior to treatment.

Important Information

IV therapy is designed to support digestive balance and general wellbeing. Individual responses may vary and outcomes cannot be guaranteed. Any unexpected symptoms during or after treatment should be reported immediately.



LETZ DRIP

VITAMINS & NUTRIENTS