

NAD+ IV Drip

Introduction

NAD+ (Nicotinamide Adenine Dinucleotide) is a coenzyme present in every cell of the body and plays a critical role in cellular energy production, DNA repair, and metabolic regulation. Natural NAD+ levels decline with age, stress, illness, and lifestyle demands, which may contribute to fatigue, reduced cognitive performance, and slower recovery.

The NAD+ IV Drip is designed to support cellular energy and repair processes by delivering NAD+ and supportive nutrients directly into the bloodstream, allowing for efficient cellular uptake and utilisation.

What This Drip Is Designed For

This drip is intended for individuals seeking support for cellular energy, mental clarity, and overall vitality. It is particularly suitable during periods of prolonged fatigue, high cognitive demand, ageing-related energy decline, or recovery from physical or mental stress.

By bypassing the digestive system, NAD+ and supporting nutrients are made immediately available to cells, supporting efficient energy production at a mitochondrial level.

Ingredient Breakdown & Their Role

NAD+

- Plays a central role in cellular energy production and DNA repair.
- Supports mitochondrial function and metabolic efficiency.

Vitamin B-Complex

- Supports enzymatic reactions involved in energy metabolism.
- Plays a role in supporting nervous system and cellular function.

Vitamin B12

- Supports red blood cell formation and neurological health.
- Plays a role in sustaining energy levels and mental clarity.

Magnesium Chloride

- Supports muscle and nerve function.
- Plays a role in ATP production and cellular energy processes.

Vitamin C

- Supports antioxidant protection and cellular defence.
- Helps reduce oxidative stress associated with metabolic activity.

Normal Saline (0.9%)

- Provides hydration and supports circulation.
- Acts as a carrier solution for cellular nutrients.

How This Drip Works Inside the Body

Once administered intravenously, NAD⁺ enters the bloodstream directly and is transported to cells throughout the body. This avoids digestive breakdown and allows NAD⁺ to participate immediately in cellular energy and repair pathways.

By supporting mitochondrial activity, DNA repair mechanisms, and metabolic regulation, the drip helps improve cellular efficiency and overall physiological resilience.

Expected Benefits Over Time

Short-Term (Within Hours)

- Improved mental clarity and alertness
- A feeling of increased cellular energy
- Reduced mental fatigue

Mid-Term (24–72 Hours)

- Improved focus and cognitive performance
- Better physical stamina and recovery
- Reduced feelings of burnout

Long-Term (With Regular Sessions)

- Improved cellular energy efficiency
- Enhanced resilience to physical and mental stress
- Support for healthy ageing processes

When This Drip Is Most Helpful

- During periods of chronic fatigue or burnout
- When experiencing brain fog or reduced focus
- During high cognitive or professional demands
- As part of a longevity or performance support routine
- During recovery from prolonged stress or illness

Comparison With Other IV Drips

- More cellular-focused than energy drips
- Deeper mitochondrial support than multivitamin drips
- Less hydration-focused than hydration drips
- Complements antioxidant and energy-focused IV therapies

Administration Process

The NAD+ IV Drip is administered by trained professionals in a controlled clinical environment using sterile techniques.

- A brief consultation is carried out prior to treatment
- Vital signs may be checked before the infusion
- An intravenous line is inserted safely and hygienically
- The infusion is delivered slowly under supervision
- Clients are monitored during and after the session

The infusion typically takes **45-90 minutes**.

Aftercare Guidance

Following your IV therapy session, it is important to allow your body time to adjust and respond to cellular-level support.

- Drink plenty of water for the remainder of the day
- Avoid strenuous physical activity immediately after treatment
- Eat balanced meals to support cellular recovery
- Keep the injection site clean and dry
- Follow any personalised advice provided by the practitioner

Some individuals may feel mentally alert or slightly fatigued after treatment. These sensations are usually temporary. Any unexpected discomfort should be reported promptly.

Precautions

Clients should inform the practitioner of any existing medical conditions, allergies, or ongoing treatments before receiving IV therapy. Individual tolerance to NAD+ may vary.

This service is intended to support general wellbeing and should not be used as a replacement for medical treatment or prescribed therapy.

Contraindications

This drip may not be suitable for individuals with certain medical conditions, including but not limited to:

- Known allergies to any ingredients
- Severe kidney or liver conditions
- Certain metabolic or electrolyte disorders
- Active infections requiring immediate medical care

Individuals under medical supervision should seek advice from a healthcare professional prior to treatment.

Important Information

IV therapy is designed to support cellular energy and general wellbeing. Individual responses may vary and outcomes cannot be guaranteed. Any unexpected symptoms during or after treatment should be reported immediately.



LETZ DRIP

VITAMINS & NUTRIENTS