

## Nausea IV Drip

### Introduction

Nausea can arise from a wide range of causes, including gastrointestinal upset, infections, migraines, medication side effects, motion sickness, anxiety, or metabolic imbalance. Persistent nausea may lead to dehydration, electrolyte loss, weakness, and difficulty maintaining normal daily activities.

The Nausea IV Drip is designed to support hydration, nervous system regulation, and symptom relief by delivering targeted fluids, vitamins, electrolytes, and optional anti-nausea medications directly into the bloodstream for efficient systemic support.

### What This Drip Is Designed For

This drip is intended for individuals experiencing ongoing or acute nausea that interferes with hydration, nutrition, or comfort. It is particularly suitable when oral fluids or medications are difficult to tolerate or ineffective.

By bypassing the digestive system, fluids and nutrients are made immediately available to support hydration, electrolyte balance, and neurological pathways involved in nausea control.

### Ingredient Breakdown & Their Role

#### Normal Saline (0.9%)

- Restores hydration and supports circulation.
- Helps stabilise fluid balance during nausea-related fluid loss.

#### Vitamin C

- Supports immune defence and antioxidant protection.
- Helps reduce oxidative stress during physical strain.

#### Vitamin B6 (Pyridoxine)

- Supports nervous system regulation.
- Plays a role in reducing nausea-related symptoms.

### **Vitamin B1 (Thiamine)**

- Supports energy metabolism and nervous system function.
- Helps reduce weakness associated with poor intake.

### **Vitamin B2 (Riboflavin)**

- Supports cellular energy production.
- Plays a role in neurological stability.

### **Vitamin B12 (Cobalamin)**

- Supports red blood cell formation and energy levels.
- Helps reduce fatigue during prolonged nausea.

### **Magnesium Chloride**

- Supports nervous system calming and muscle relaxation.
- Plays a role in reducing nausea-related discomfort.

### **Potassium Chloride**

- Supports electrolyte balance and nerve signalling.
- Helps prevent weakness associated with fluid loss.

### **Ondansetron (Optional)(Medical Assessment Needed)**

- Supports relief from nausea and vomiting.
- Helps improve comfort during acute symptoms.

### **Metoclopramide (Optional)(Medical Assessment Needed)**

- Supports gastric motility and nausea control.
- Helps reduce persistent queasiness.

### **How This Drip Works Inside the Body**

Once administered intravenously, fluids, electrolytes, and nutrients enter the bloodstream directly and are rapidly delivered to systems involved in nausea regulation. This avoids digestive absorption challenges that often worsen symptoms.

By restoring hydration, correcting electrolyte imbalance, and supporting neurological pathways, the drip helps stabilise the body and reduce the physical stress associated with ongoing nausea.

## **Expected Benefits Over Time**

### **Short-Term (Within Hours)**

- Improved hydration and physical comfort
- Reduced nausea intensity
- A calmer, more settled feeling

### **Mid-Term (24–72 Hours)**

- Improved energy and stability
- Better tolerance to fluids and light foods
- Reduced weakness and fatigue

### **Long-Term (With Regular Sessions)**

- Improved hydration consistency
- Reduced impact of electrolyte depletion
- Better overall resilience during nausea-prone periods

## **When This Drip Is Most Helpful**

- During acute or persistent nausea
- When vomiting or poor intake causes dehydration
- When oral medications are poorly tolerated
- During medication-related or motion-related nausea
- As short-term support during symptomatic periods

## **Comparison With Other IV Drips**

- More nausea-specific than hydration drips alone
- Broader electrolyte support than morning sickness drips
- Less detox-focused than detox drips
- Complements migraine and food poisoning IV therapies

## **Administration Process**

The Nausea IV Drip is administered by trained professionals in a controlled clinical environment using sterile techniques.

- A brief consultation is carried out prior to treatment
- Vital signs may be checked before the infusion
- An intravenous line is inserted safely and hygienically
- The infusion is delivered slowly under supervision
- Clients are monitored during and after the session

The infusion typically takes **30–45 minutes**.

## **Aftercare Guidance**

Following your IV therapy session, it is important to allow your body time to stabilise.

- Drink small amounts of water regularly after treatment
- Resume light activities only as tolerated
- Introduce gentle foods gradually if required
- Keep the injection site clean and dry
- Follow any personalised advice provided by the practitioner

Some individuals may feel relief or mild tiredness after treatment. These sensations are usually temporary. Any unexpected discomfort should be reported promptly.

## **Precautions**

Clients should inform the practitioner of any existing medical conditions, allergies, or ongoing treatments before receiving IV therapy. Individual tolerance to anti-nausea support may vary.

This service is intended to support general wellbeing and should not be used as a replacement for medical treatment.

## **Contraindications**

This drip may not be suitable for individuals with certain medical conditions, including but not limited to:

- Known allergies to any ingredients or medications used
- Severe gastrointestinal, kidney, or liver conditions
- Certain metabolic or electrolyte disorders
- Active infections requiring immediate medical care

Individuals under medical supervision should seek advice from a healthcare professional prior to treatment.

## **Important Information**

IV therapy is designed to support comfort and general wellbeing during periods of nausea. Individual responses may vary and outcomes cannot be guaranteed. Any unexpected symptoms during or after treatment should be reported immediately.



**LETZ DRIP**  
VITAMINS & NUTRIENTS