

## Signature IV Drip

### Introduction

Modern lifestyles, stress, poor nutrition, environmental exposure, and demanding schedules can gradually deplete the body's essential vitamins, minerals, and antioxidants. These deficiencies may contribute to fatigue, reduced immune resilience, dull skin, slower recovery, and decreased overall wellbeing.

The **Signature IV Drip** is our comprehensive wellness infusion, carefully formulated to replenish essential nutrients while supporting energy production, immune health, antioxidant defence, skin vitality, and metabolic function. By delivering nutrients directly into the bloodstream, this premium infusion helps maximise nutrient availability to support your body's natural recovery and maintenance processes.

### What This Drip Is Designed For

The Signature IV Drip is designed for individuals seeking comprehensive wellness support rather than targeting a single concern. It is particularly suitable for those wishing to maintain optimal energy levels, promote healthy skin, support immune function, enhance recovery from busy lifestyles, and provide antioxidant protection against everyday oxidative stress.

By bypassing the digestive system, nutrients become immediately available for cellular use, allowing efficient absorption without reliance on gastrointestinal uptake.

### Ingredient Breakdown & Their Role

#### Glutathione

- Powerful antioxidant that helps protect cells from oxidative stress.
- Supports the body's natural detoxification processes.
- Promotes brighter, healthier-looking skin.

#### Vitamin C

- Supports normal collagen formation for healthy skin and connective tissue.
- Contributes to normal immune system function.

- Acts as an important antioxidant alongside glutathione.

### **Vitamin B12**

- Supports normal energy-yielding metabolism.
- Contributes to healthy red blood cell formation.
- Helps reduce tiredness and fatigue.

### **Vitamin B9 (Folic Acid)**

- Supports healthy cell division.
- Contributes to normal blood formation.
- Works alongside Vitamin B12 in supporting energy metabolism.

### **Vitamin B5 (Pantothenic Acid)**

- Supports normal energy production.
- Contributes to healthy hormone synthesis.
- Helps reduce tiredness and mental fatigue.

### **Vitamin B2 (Riboflavin)**

- Supports energy metabolism.
- Helps maintain healthy skin.
- Contributes to antioxidant protection.

### **Vitamin B1 (Thiamine)**

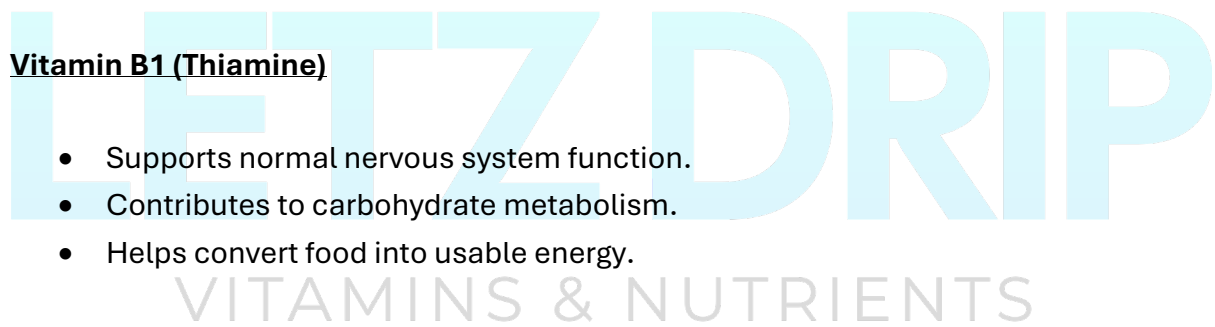
- Supports normal nervous system function.
- Contributes to carbohydrate metabolism.
- Helps convert food into usable energy.

### **Vitamin D**

- Supports normal immune function.
- Helps maintain healthy bones and muscles.
- Contributes to overall wellbeing.

### **Biotin**

- Helps maintain healthy hair and skin.



- Supports normal metabolism of fats, carbohydrates and proteins.
- Contributes to healthy nervous system function.

### **Alpha-Lipoic Acid (ALA)**

- Potent antioxidant that helps regenerate other antioxidants within the body.
- Supports healthy glucose metabolism.
- Assists cellular energy production.

### **Magnesium**

- Supports normal muscle and nerve function.
- Helps reduce tiredness and fatigue.
- Plays an essential role in hundreds of enzymatic reactions throughout the body.

### **Multi-Minerals**

- Help maintain electrolyte balance.
- Support numerous metabolic and cellular functions.
- Contribute to overall physiological wellbeing.

### **How This Drip Works Inside the Body**

Once administered intravenously, the vitamins, minerals, antioxidants, and metabolic cofactors enter the bloodstream directly, bypassing the digestive tract where nutrient absorption may vary.

These nutrients are distributed throughout the body to support cellular energy production, antioxidant defence, collagen synthesis, immune function, tissue repair, and normal metabolic processes. The combination of antioxidants, vitamins, and minerals works synergistically to help optimise overall wellbeing and recovery.

### **Expected Benefits Over Time**

#### **Short-Term (Within Hours)**

- Improved hydration
- Increased feelings of energy and vitality
- Enhanced sense of wellbeing
- Reduced feelings of fatigue

### **Mid-Term (24–72 Hours)**

- Improved recovery following physical or mental exertion
- Enhanced skin radiance
- Better support for immune function
- Improved overall vitality

### **Long-Term (With Regular Sessions)**

- Ongoing antioxidant support
- Improved nutritional balance
- Healthier appearance of skin, hair, and nails
- Consistent support for energy production and general wellbeing

### **When This Drip Is Most Helpful**

- During periods of physical or mental fatigue
- As part of an ongoing wellness routine
- Before or after demanding work schedules
- To support healthy skin appearance
- During periods of increased oxidative stress
- Following travel or busy lifestyles
- To complement healthy nutrition and exercise

### **Comparison With Other IV Drips**

- More comprehensive than standard hydration drips
- Provides broader nutritional support than single-vitamin infusions
- Combines antioxidant, immune, skin, and metabolic support in one treatment
- Suitable as an all-round wellness infusion rather than focusing on one specific concern
- Ideal for clients seeking complete body support with a single IV therapy session

### **Administration Process**

The **Signature IV Drip** is administered by trained healthcare professionals in a safe, controlled clinical environment using sterile techniques and single-use equipment.

- A consultation is carried out before treatment to assess suitability.
- Medical history, allergies, and current medications are reviewed.
- Vital signs may be checked before the infusion.
- A sterile intravenous cannula is inserted into a suitable vein.
- The infusion is administered slowly under professional supervision.
- Clients are monitored throughout the treatment and prior to discharge.

The infusion typically takes **30–45 minutes**, depending on the individual's comfort and treatment plan.

### **Aftercare Guidance**

Following your Signature IV Drip, supporting your body with appropriate aftercare can help maximise hydration and overall wellbeing.

- Drink plenty of water throughout the remainder of the day.
- Eat balanced meals to support continued nutrient utilisation.
- Resume normal daily activities as tolerated, avoiding strenuous exercise immediately after treatment.
- Keep the cannula site clean and dry for the rest of the day.
- Follow any personalised advice provided by your practitioner.

Some individuals may notice increased energy or a feeling of relaxation following treatment. Mild bruising or tenderness at the injection site may occasionally occur and usually resolves without intervention. If you experience persistent discomfort or unexpected symptoms, contact your healthcare provider promptly.

### **Precautions**

Before receiving the Signature IV Drip, clients should inform their practitioner of any:

- Medical conditions, including kidney, liver, cardiovascular, or metabolic disorders.
- Current medications or nutritional supplements.
- Known allergies or previous reactions to IV therapy or vitamin preparations.
- Pregnancy or breastfeeding.

- History of electrolyte imbalance or disorders affecting vitamin or mineral metabolism.

Individual nutritional needs and responses to IV therapy may vary. This treatment is intended to support general wellbeing and should not replace medical assessment, prescribed medication, or a balanced diet.

### **Contraindications**

The Signature IV Drip may not be suitable for individuals with certain medical conditions, including but not limited to:

- Known allergy or hypersensitivity to any ingredient contained within the infusion.
- Severe kidney disease or impaired renal function.
- Certain liver disorders requiring specialist medical management.
- Significant electrolyte imbalances.
- Uncontrolled cardiovascular conditions where fluid administration may not be appropriate.
- Individuals receiving treatment for conditions where high-dose vitamin or antioxidant supplementation is not recommended without medical supervision.
- Active infection or acute illness requiring immediate medical care.

Individuals under the care of a medical specialist should seek advice from their healthcare provider before receiving IV therapy.

### **Important Information**

The Signature IV Drip is designed to support hydration, nutritional status, antioxidant protection, and general wellbeing. Individual responses may vary, and no specific outcome can be guaranteed.

This treatment is not intended to diagnose, treat, cure, or prevent any disease and should not replace medical advice or prescribed treatment. Any unusual symptoms experienced during or after treatment should be reported to your practitioner immediately.