

Weight Loss IV Drip

Introduction

Weight management is influenced by metabolic efficiency, liver function, energy production, and nutrient balance. Factors such as stress, hormonal changes, poor sleep, dietary habits, and reduced metabolic activity can slow fat utilisation and contribute to fatigue during weight loss efforts.

The Weight Loss IV Drip is designed to support metabolic pathways and energy utilisation by delivering targeted nutrients directly into the bloodstream, helping the body process fats and nutrients more efficiently as part of a balanced weight management approach.

What This Drip Is Designed For

This drip is intended for individuals seeking metabolic support during weight management or fitness routines. It is particularly suitable when energy levels are low, fat metabolism feels inefficient, or detoxification pathways require additional support.

By bypassing the digestive system, nutrients are made immediately available to support metabolic function and energy utilisation without adding digestive strain.

Ingredient Breakdown & Their Role

MIC (Methionine, Inositol, Choline)

- Supports liver metabolism and fat processing.
- Plays a role in preventing fat accumulation in the liver.

Vitamin B-Complex

- Supports energy metabolism and nutrient utilisation.
- Helps reduce fatigue commonly experienced during calorie restriction.

Vitamin B12

- Supports energy production and red blood cell formation.
- Plays a role in maintaining stamina during weight loss efforts.

L-Carnitine

- Supports transport of fatty acids into cells for energy use.
- Plays a key role in fat metabolism and energy production.

Glutathione

- Supports detoxification and antioxidant protection.
- Helps reduce oxidative stress during metabolic activity.

Normal Saline (0.9%)

- Provides hydration and supports circulation.
- Acts as a carrier solution for metabolic nutrients.

How This Drip Works Inside the Body

Once administered intravenously, metabolic-supporting nutrients enter the bloodstream directly and are rapidly delivered to the liver and muscle cells involved in fat utilisation. This avoids digestive absorption variability and ensures consistent nutrient availability.

By supporting liver function, fat transport, and cellular energy pathways, the drip helps the body utilise stored energy more efficiently during weight management routines.

Expected Benefits Over Time

Short-Term (Within Hours)

- Improved hydration and energy availability
- Reduced feelings of sluggishness
- A lighter, more energised feeling

Mid-Term (24–72 Hours)

- Improved stamina during physical activity
- Better tolerance to dietary changes
- Reduced fatigue during weight management efforts

Long-Term (With Regular Sessions)

- Improved metabolic efficiency
- Better fat utilisation support
- Enhanced consistency in weight management routines

When This Drip Is Most Helpful

- During structured weight management programmes
- When energy levels drop during dieting or exercise
- When fat metabolism feels slow or inefficient
- As support alongside fitness and lifestyle changes
- During periods of metabolic fatigue

Comparison With Other IV Drips

- More metabolism-focused than hydration drips
- Less appetite-focused than dietary interventions
- More fat-utilisation support than multivitamin drips
- Complements energy and detox-focused IV therapies

Administration Process

The Weight Loss IV Drip is administered by trained professionals in a controlled clinical environment using sterile techniques.

- A brief consultation is carried out prior to treatment
- Vital signs may be checked before the infusion
- An intravenous line is inserted safely and hygienically
- The infusion is delivered slowly under supervision
- Clients are monitored during and after the session

The infusion typically takes **30–45 minutes**.

Aftercare Guidance

Following your IV therapy session, it is important to support metabolic activity through appropriate aftercare.

- Drink plenty of water for the remainder of the day
- Resume light activity as tolerated, avoiding overexertion
- Eat balanced meals in line with your wellness goals
- Keep the injection site clean and dry
- Follow any personalised advice provided by the practitioner

Some individuals may feel energised after treatment. These sensations are usually temporary. Any unexpected discomfort should be reported promptly.

Precautions

Clients should inform the practitioner of any existing medical conditions, allergies, or ongoing treatments before receiving IV therapy. Individual metabolic responses and weight management goals may vary.

This service is intended to support general wellbeing and should not be used as a replacement for medical or dietary treatment.

Contraindications

This drip may not be suitable for individuals with certain medical conditions, including but not limited to:

- Known allergies to any ingredients
- Severe liver, kidney, or metabolic conditions
- Certain electrolyte disorders
- Active infections requiring immediate medical care

Individuals under medical supervision should seek advice from a healthcare professional prior to treatment.

Important Information

IV therapy is designed to support metabolic function and general wellbeing. Individual responses may vary and outcomes cannot be guaranteed. Any unexpected symptoms during or after treatment should be reported immediately.



LETZ DRIP

VITAMINS & NUTRIENTS